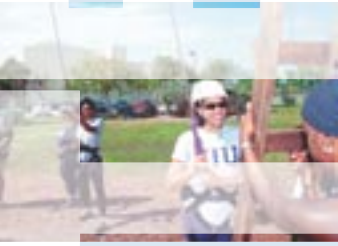


Motivate • Energize • Lead



In order for your organization to succeed you need a good leader, but more importantly, you need a great team.

You probably have the best people on your side already, but are they working at

full capacity? Are they having problems relating to each other? Are they feeding off their strengths, or are their weaknesses getting in the way? Is their motivation high, or do they need a refresher?

Get on TRAC!

Managed by Florida International University's professionally trained staff, the TRAC program consists of a series of activities geared towards building confidence and enhancing the performance of individuals, teams, corporate groups and organizations. All this takes place in a fun and safe environment, with activities tailored to all age groups and levels of confidence.

The program focuses on teamwork, with participants working together to solve structured problems. The activities require group communication, cohesion and trust in order to achieve success. TRAC promotes respect, sharing of ideas and opinions, and understanding of individual strengths and weaknesses, while illustrating the importance of well-conceived and implemented plans.



Custom-designed Solutions

TRAC experiences are designed to allow groups to focus on their strengths in order to enhance their performance. Your program will be custom designed by our facilitators according to a needs assessment that will take into consideration your group's current situation, abilities and goals.

Our adventure-based activities allow organizations to address issues such as team-building, communication, problem solving, decision making, leadership, conflict

resolution, and many other important skills. Following the experience, participants are able to transfer their newly discovered skills to considerably enhance performance.

Because of its flexibility, corporate groups, non-profit organizations, school groups, and departments of varying sizes and ability levels are able to participate. Since the program is custom-designed, anyone over the age of 8 can participate, and groups of up to 100 can be accommodated.

Different goals... multiple rewards

• Making improvements in how team members relate to each other could pay off by as much as 16%-25% improvement in quality and quantity of production¹.

• Out of ten reasons for staying in their jobs, people rated relationship with supervisor #1, level of cooperation with coworkers #4, and level of trust with coworkers #5².

¹ Journal of Applied Psychology

² Bernthal, Paul R. and Wellins, Richard; Retaining talent: A Benchmarking Study, DDI, Inc.

Motivating and Energizing Activities

The low elements course is a series of problem solving exercises that challenge the group to think creatively and cooperatively in order to complete the activity.

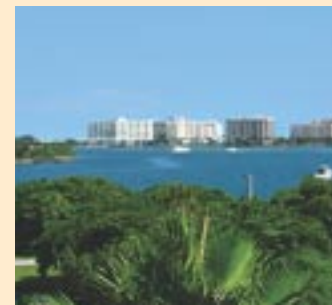
The high elements course promotes positive risk taking and self-esteem through physical challenge, while maintaining personal safety.

Full-day and half day programs are offered every day of the week, every month of the year.



Biscayne Bay provides the backdrop

TRAC is conveniently located on Florida International University's Biscayne Bay Campus in North Miami. Within 15 miles of either Miami or Fort Lauderdale International Airports, it is a short distance from many points in South Florida, and a few feet from beautiful Biscayne Bay.



High Goals, Even Higher Affordability

Because of FIU's commitment to the education of both our students and our community, TRAC is surprisingly affordable for any type of organization.

Creative leaders recognize and follow up on opportunities!

For more information, please call 305-919-5712, e-mail tracinfo@fiu.edu, or visit our website at <http://trac.fiu.edu/>

Previous Participants

- American Red Cross
- Bank of America
- Carrollton School of the Sacred Heart
- City of Miami Police Dept.
- Coral Gables Congregational Church
- Hillel Jewish Organization
- Jackson Mem. Hospital
- Johnson & Johnson Co.
- Lucent Technologies
- Nova Southeastern Univ.
- Ryder Corporation
- University of Miami
- Univision Network
- Whole Foods

Wolfe University Center



Whether you are planning a 10 person training session or a 400 person banquet, the Wolfe University Center, located on FIU's Biscayne Bay Campus, can provide

“just the right place” for your next event. We have the space you need... What you do with it is up to you!

In addition to offering a number of convenient services, FIU's Wolfe University Center is home to 4 fully-equipped meeting rooms, a 6,000 sq. ft. ballroom, and a 304-seat theatre that are available to the public. For more information on how you can book space at the WUC, call 305-919-5701 or email wucevents@fiu.edu



Program Accolades

“The group really came together. Many of them did not know each other prior. I learned how dedicated each individual member was to making the team succeed.”

Meredith Ginsburg
Youth Leadership Associate
Greater Miami Jewish Federation

“Very user-friendly. We discovered leadership traits we did not know we had. ”

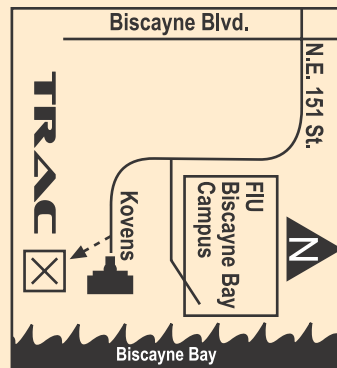
Major Wally Gallart
ARMY ROTC

Once again-the program was great! The class has really bonded after the experience, and they felt very proud of what they were able to do out there. I even surprised myself climbing the tower! Thanks for everything.

Kim Taylor
Associate Professor
College of Business-FIU

“The emphasis made on teamwork and how lack of motivation work together corresponds to other aspects of the team’s lives.”

Darlise Baron
Clinical Social Worker
Jackson Memorial Hospital



Florida International University
Wolfe University Center
3000 N.E. 151st Street
North Miami, FL 33181-3600
(305) 919-5712 • Fax (305) 919-5638
TDD, via FRS (800) 955-8771
tracinfo@fiu.edu • <http://trac.fiu.edu/>
Address Service Requested

Non Profit Org.
U.S. Postage
PAID
Miami, FL
Permit No. 3091



**Challenge Yourself,
Discover Hidden Potential!**



Florida International University
Wolfe University Center
3000 N.E. 151st Street
North Miami, FL 33181-3600
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